

**DISEASES** can be transmitted to animals and man from food of animal origin.  
Please take utmost precautionary measures when importing food to Iceland!

***Importing the following food-stuffs is strictly prohibited:***

- Raw meat, including salami and smoked ham
- Raw eggs
- Unpasteurized milk products

***The following products are permitted:***

Boiled or processed foodstuffs, provided the packaging clearly specifies heat treatment.

